



Coaching Fundamentals Intensive

Coaching is a collaborative way of working with job seekers that builds on their strengths and helps them develop actionable, long-term goals.

Through this four-part interactive virtual intensive, you will build your coaching values, skills and tools, and explore how to apply them in your work with job seekers. Each highly interactive session will include coaching content, participatory learning activities, and coaching practice in a peer-to-peer model.

The intensive format is composed of **four, 3-hour sessions for a total of 12 hours of training and practice.** The benefit of this "intensive" format is the opportunity to immediately put the skills and tools into practice in the learning environment.

Date & Time:

August 1, 8, 15 & 22

1 PM - 4 PM CST

Location:

Zoom*

Cost:

\$240 CJC members

\$300 non-members

Scholarships available

Registration is limited to 3 individuals per organization. Please contact Cheryl Hester

This training is one of CJC's workforce fundamentals courses offered in 2023 and is a great opportunity to build the skills of new and seasoned staff alike.

How does Coaching Fundamentals Intensive fit in with our Workforce Fundamentals theme? This course is the energy boost you are looking for.

Research has shown that coaching engages job seekers and leaves them with empowering tools and focused mindsets that they will carry with them long after they leave the program. Equally as important, coaching positively impacts retention and supports worker advancement.

After attending this training, you will be able to:

- Identify and utilize a coach approach to build collaborative, accountable partnerships with job seekers
- Apply coaching skills and support job seekers' goal setting
- Use tools to support your job seekers in setting and achieving their goals
- Incorporate coaching into your virtual or in-person meetings with job seekers

(cheryl@cjc.net) about our waitlist if your organization would like to register more than 3 individuals.

Questions?

Cheryl Hester
Capacity Building
Administrator
312-252-0460 ext. 108
cheryl@cjc.net

***The Zoom link will be emailed 24 hours in advance of the training. Please confirm your email address is spelled correctly when registering.*

There are a limited number of spots remaining, so register today to secure your virtual seat!

Register

If you are a CJC member, you must use your CJC login name and password when registering to access the discounted member price.

If your organization is interested in hosting this training exclusively for your staff, please complete our [Customized Training Interest Form](#).

Facilitator



Jennifer McClain is a distinguished community development leader, award-winning author, and nonprofit executive. With a successful history of managing teams and supporting community-focused organizations, Jennifer has spent over two decades honing her craft. Her philosophy is rooted in the belief that individual focus and effective teamwork are crucial components for achieving community economic success. Her talent as a facilitator has allowed her to lead sessions with over 800 participants since 2013.

As the Senior Director of Economic Opportunity, Wealth Building, and Leadership Development at LISC Chicago, Jennifer deploys strong project management skills and fosters leadership to help her colleagues and external partners achieve their goals. She leads the programming and funding strategy for their work in individual economic opportunity, including the network of Financial Opportunity Centers (FOCs).

Jennifer is also the CEO and Founder of Mission ENSPIRE, LLC, where she equips women, nonprofit, and faith-based organizations to define their purpose and operate at their fullest potential through coaching, consulting, training, and facilitation.

Our Mission


Together with community and institutional leaders, Chicago Jobs Council is re-imagining our workforce system so all people can thrive through employment.

Our Vision

Our vision is to create an anti-racist workforce development system and employment equity so that everyone can realize their unique pathway out of poverty.



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