

# Childbirth Education Class

## JUST FOR TEENS!

Join us and learn more about your body, and what is going on inside it. Learn ways to stay comfortable while pregnant and how to care for yourself and your baby. Learn how to recognize real labor from false alarms, what to expect when real labor does start, and find out just what that baby is doing in there, all with parents your age in a relaxed environment.

**Who:** Young Parents and Parents-to-Be  
(22 and under) Partners are welcome.

**When:** Thursdays, 6:30-8:30 – Dinner  
provided.

**Class Schedule:** July 6<sup>th</sup>- August 24<sup>th</sup>, 2017  
Sept 28<sup>th</sup> – November 16<sup>th</sup>, 2017  
January 4<sup>th</sup> - February 22<sup>nd</sup>, 2018  
April 12<sup>th</sup> – May 31<sup>st</sup>, 2018

**Where:** Faith Lutheran Church  
41 N Park  
Glen Ellyn, IL 60137

**Why:** To get some peace of mind... and it's  
FREE! Every week you come you earn  
"Baby Bucks" which can be used to get  
diapers, wipes and formula in our Parents'  
Pantry. Plus, enjoy weekly RAFFLES for  
key baby items!

To register call:  
Ashley Anderson  
(630) 790-8433 ext. 224

Learn more about all our services at:  
[www.teenparentconnection.org](http://www.teenparentconnection.org)

All Services Are Free!



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