

# Childbirth Education Class

## JUST FOR TEENS!

Join us and learn more about your body, and what is going on inside it. Learn ways to stay comfortable while pregnant and how to care for yourself and your baby. Learn how to recognize real labor from false alarms, what to expect when real labor does start, and find out just what that baby is doing in there, all with parents your age in a relaxed environment.

**Who:** Young Parents and Parents-to-Be  
(22 and under) Partners are welcome.

**When:** Thursdays, 6:30-8:30 – Dinner  
provided.

**Class Schedule:** July 12<sup>th</sup>- August 30<sup>th</sup>, 2018  
Sept 27<sup>th</sup> – November 15<sup>th</sup>, 2018  
January 10<sup>th</sup> - February 28<sup>th</sup>, 2019  
April 4<sup>th</sup> – May 30<sup>th</sup>, 2019  
\*NO CLASS on 4/18/19!\*

**Where:** Faith Lutheran Church  
41 N Park  
Glen Ellyn, IL 60137

**Why:** To get some peace of mind... and it's  
FREE! Every week you come you earn "Baby  
Bucks" which can be used to get diapers,  
wipes and formula in our Parents' Pantry.  
Plus, enjoy weekly RAFFLES for key baby  
items!

To register call:  
Ashley Anderson  
(630) 790-8433 ext. 224

Learn more about all our services at:  
[www.teenparentconnection.org](http://www.teenparentconnection.org)

All Services Are Free!



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